

## **Ventura County CIT Course Outline**

### National Alliance on Mental Illness Panel Presentation (2 hours)

- A. Introduces Self and Background
- B. Officers develop a deeper level of sympathy/empathy as a result of a candid exposure to mental health consumers and their family members outside of a call for service setting
- C. NAMI family members
  - i. Describe experiences with their family member, illustrate what happened with police involvement (what they liked and what they would change)
    - 1. Difficulty with police response
    - 2. Difficulty with criminal justice system
    - 3. Difficulty with mental health system
      - a. Difference between being a parent of minor and a parent of an adult child due to confidentiality and consent
    - 4. Stigma
- D. Mental Health Consumer
  - i. Describe personal experiences, and experiences with law enforcement (what they liked and what they would change)
    - 1. Stigma
    - 2. Difficulty in maintaining positive relationships with family, friends, and community
- E. Schizophrenia Exercise
  - i. The difficulty concentrating when hearing voices
  - ii. The officer's frustration of asking questions and giving directions
- F. Q&A