



40 Hour CIT Curriculum 2012 Presentation Descriptions

Hearing Voices Exercise (1 Hour)

This segment will provide officers with an immediate experience similar to that experienced by someone suffering from auditory hallucinations by listening to a CD which plays a variety of distressing voices. During the course of listening, officers will participate in tasks similar to those faced by the mentally ill, such as filling out necessary forms, participating in a police interview or other similar functions. This will provide participants with a clearer understanding of the daily lived experiences of people with psychiatric disabilities and potentially increase understanding and empathy toward consumers.