

# Saint Louis CIT

---

## OBJECTIVES

BLOCK: COMMUNITY RESOURCES – BHR, BJC

SECTION/#: \_\_\_\_\_ / #: \_\_\_\_\_

INSTRUCTOR: Al Fressola, Terri Gilbert TIME ALLOTTED: 1 hrs.

DATE PREPARED: 09-15-2005 REPLACES: \_\_\_\_\_

---

### SYNOPSIS:

This Section will provide an overview of mental health resources provided by Behavior Health Response including an explanation of their Mobil Outreach Services, and BJC.

### OBJECTIVES:

After completing this section of instruction the participant will be able to:

1. Identify Purpose of BHR.
2. Explain Crisis Line and phone numbers to call.
3. Explain BHR's Role in Civil Involuntary Commitment.
4. Identify when it is appropriate for CIT officers to call BHR.
5. Explain BHR's Responses to Police Officers Calls.
6. Identify Purpose of Department of Mental Health.
7. Identify Target Populations for Department of Mental Health.
8. How to contact BJC Behavioral Health.
9. Explain how to identify the Need for Further Treatment.
10. Explain What Services are Provided by BJC.

BLOCK: CIT - Community Resources – Mental Health Association, National Alliance for the  
Mentally Ill, St. Louis

---

SECTION/#: \_\_\_\_\_ / #: \_\_\_\_\_

INSTRUCTOR: LaDonna Haley, Richard Stevenson TIME ALLOTTED: 1.0 hrs.

DATE PREPARED: 9/16/2005 REPLACES: \_\_\_\_\_

---

SYNOPSIS: This section will provide an overview of “non-urgent” mental health resources in the community for consumers, and support and education services for consumers and family members of persons with mental illness.

OBJECTIVES:

After completing this section of instruction the participant will be able to:

1. Understand the need for community resources and supports that are in addition to emergency and out-patient treatment.
2. Use the “Mental Health Resources” handouts to be informed about community mental health resources.
3. Use the “Mental Health Resources” handouts to advise and assist consumers and family members in how to access community mental health resources.
4. Be familiar with services for family members of persons with mental illness.