

California: Ventura County CIT
Non-Violent Crisis Intervention – The Law Enforcement Side

- I. Non-Violent Crisis Intervention – The Law Enforcement Side (2 hours)
 - A. Introduces Self and Background
 - B. Overview: Purpose and Philosophy
 - C. Crisis Response
 - i. The “Five C’s”
 1. Command
 2. Coordinate
 3. Containment
 4. Communication
 5. Control
 - D. Less-Lethal Weapons
 - i. It is still a use of force
 - E. Pre-death Behaviors
 - i. Hyper vigilance
 - ii. Change in Respiratory Rate
 - iii. Counting Down/Up
 - iv. Officer safety
 - v. Officer actions
 1. Interrupting these behaviors to prevent life taking
 - F. CIT Basic Intervention Rules
 - i. Slowing down
 1. Yourself
 2. The subject
 3. Your team
 4. Bystanders and the scene
 - ii. Environment
 1. Maintaining safety
 - a. Moving the public away
 - i. Practical example of stopping traffic under a busy freeway overpass
 2. Eliminating distractions and triggers
 - iii. Positioning
 1. Officer safety
 - iv. Tone
 1. Conducive to the interaction
 - v. Strategies
 1. Is it best to go hands-on?
 2. Less-Lethal
 3. Waiting for other team members or outside resources
 - a. Contacting a HNT or mobile crisis team
 - vi. Verbal Interventions
 1. Words being congruent with non-verbal cues
 - vii. What not to do
 1. Do you involve family in de-escalation?
 - G. Documentation
 - i. For follow-up purposes
 - H. TACT Principles
 - i. Tone

- ii. Atmosphere
 - iii. Communication
 - iv. Time
- I. Reminder in preparation of the Role-Plays
- J. Q&A