

## California: Ventura County – CIT Training Suicide by COP

- I. Suicide by Cop (1 hour)
  - A. Introduces Self and Background
  - B. Definitions
  - C. Statistics and Prevalence
    - i. Demographics
    - ii. SBC in other places in the world
  - D. Common Reasons
    - i. Depression
    - ii. Willingness to do it themselves
    - iii. Insurance reimbursement to family
  - E. Indicators
    - i. Weapon in possession or claiming to have one
    - ii. Specifically requesting suicide by cop
    - iii. Requesting officers to enter the home during a stand-off
  - F. Incidents – Compare and Contrast
  - G. Officer Safety
  - H. Officer Action
    - i. Not engaging
      - 1. Not forcing entry
      - 2. Not forcing the situation
      - 3. Retreating
      - 4. Following-up
      - 5. Possible consequences of forcing the situation
    - ii. Reminders about the consequences to self and family
  - I. Q&A