



## Intermediate and Advanced Role Play Format in Arlington County

Basic role play scenarios tend to require less time in order to master the introductory skills of CIT training. However, as the scenarios become progressively more challenging, Arlington County CIT cadre feel that more time should be devoted to intermediate and advanced role play scenarios in order to allow officers greater opportunity to more fully practice their active listening and de-escalation techniques. Thus we have devised a method that allows each individual officer time to expand on the skills used in the practical exercises.

We divide the students into two separate rooms, and assign training staff to cover both rooms. Two groups of role players take props with them and after conducting their assigned scenario, trade rooms and present the scene again to the second group of students. This ensures that the students see each role play presented, but most importantly, allows them more time to work through the scenario using their learned de-escalation techniques. In addition, coaches and evaluators have more time to process the exercise, answer questions and provide fuller instruction and guidance.

Sample, role play room organization:

<b>Room 1</b>
Coach:
Dispatcher:
PD Evaluator:
MH Evaluator:
Students: 10-12
Scenario Order:
Intermediate/Advanced Role Play #1
Intermediate/Advanced Role Play #2
Intermediate/Advanced Role Play #3
Intermediate/Advanced Role Play #4
Intermediate/Advanced Role Play #5
Intermediate/Advanced Role Play #6

Role Players for scenarios are identified, briefed, and props are prepared.
I/A Role Play #1
Lead:
Support:
I/A Role Play #2
Lead:
Support:
I/A Role Play #3
Lead:
Support:
I/A Role Play #4
Lead:
Support:
I/A Role Play #5
Lead:
Support:
I/A Role Play #6
Lead:
Support:

<b>Room 2</b>
Coach:
Dispatcher:
PD Evaluator:
MH Evaluator:
Students: 10-12
Scenario Order:
Intermediate/Advanced Role Play #2
Intermediate/Advanced Role Play #1
Intermediate/Advanced Role Play #4
Intermediate/Advanced Role Play #3
Intermediate/Advanced Role Play #6
Intermediate/Advanced Role Play #5