

CIT Training Curriculum Outline

Crisis Intervention - De-escalation

Content

1. Discuss what a crisis is
2. Identify the components for crisis intervention
3. Help deputies/officers understand what a crisis is for people with mental illnesses and/or co-occurring substance use disorder
4. Review De-escalation strategies
5. Go over the use of the C.A.F Model for Crisis Intervention/de-escalation

Note: These techniques must tie back to what the deputy/officer learned throughout the week in relation to Understanding mental illnesses, medications, hearing voices, field visits, consumer and family perspectives, communication skills, suicide, baker act, marchman act, etc. Use examples from earlier in the week to illustrate key points

Materials – PowerPoint, Handouts

Activities

1. Small group work related to assessing for mental illnesses, lethality, etc.
2. Group discussion, sharing experiences

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