



## **40 Hour CIT Curriculum 2012 Presentation Descriptions**

### **Basic Crisis Intervention and De-Escalation Techniques (1 Hour)**

These segments will introduce techniques that law enforcement officers can use when approaching an Emotionally Disturbed Person. The instructor will give an overview of techniques that will reduce risk to the client, the officer, and the community. Also discussed are the Four Plays, a commonly used teaching mechanism that gives officers a basic step-by-step guide to approaching EDP subjects. A description of the techniques and role play examples will be provided in order to give students a greater understanding of the training covered during the week.