



## **40 Hour CIT Curriculum 2012 Presentation Descriptions**

### **Basic Active Listening Techniques and Basic Active Listening Exercises (2 Hours)**

This segment will inform participants of specific active listening exercises that will increase rapport with subjects in the field, assist officers when attempting to de-escalate a crisis and gain the cooperation of individuals they encounter. Officers participating in the training will utilize active listening techniques that they learn during the instruction segment in order to set the basis for practicing crisis intervention and de-escalation techniques.