

# FLORIDA CRISIS INTERVENTION TEAM

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## Module 13

### TOPIC:

Crisis Intervention w Role Play

### PURPOSE:

To introduce the concept of Calm, Assess, and Facilitate (CAF) for first responders

### GOAL:

To decrease the emotional, behavioral, mental intensity, and stress level of a situation (Calm). Safety is the highest priority.

Determine the most appropriate response presented by the facts. Focus on identifying cues: verbal indicators, behavioral indicators, and environmental indicators. (Assess)

Implement the most appropriate disposition/resolution to the crisis situation based on the assessment of the facts gathered. (Facilitate)

### LEARNING OBJECTIVES:

Introduce the concept of CAF model for first responders. Provide the techniques (verbal and non verbal) for prompting de-escalation in first response situations.

Provide information on techniques to use to calm assess and facilitate during first responder situations using video taped and live scenarios.

Heighten awareness of issues involving interactions with individuals with mental illness. Review the benefits of CAF model.

Provide LEO's with additional tools to utilize during first response crisis situations.

### RECOMMENDED TRAINING TIME:

Eight hours is recommended for this module