

Ventura County CIT Course Outline

CIT-Officer and Officer Panel (1 hour)

- A. Introduces Self and Background
- B. CIT officers and deputies talk about their use of CIT in the field
 - i. Initial skepticism
 - ii. Advantages
- C. Officers and deputies talk about their loved ones with a mental illness
 - i. Police interaction (good & bad) with a loved one
 - ii. Run-ins with the Criminal Justice System
 - 1. Jail
 - 2. Court
 - iii. Medical concerns
 - iv. Housing and visitation
 - v. Toll on the family
- D. Encouraging students to develop sympathy/empathy
- E. Encouraging students to take class seriously and employ the techniques learned
- F. Asking if students want to share personal stories about their loved ones to further develop sympathy/empathy in students present
- G. Q&A