

Fox Valley CIT, Wisconsin

PTSD and Anxiety Disorders

Learning Objectives

1. Cite characteristic symptoms of intense anxiety and dissociative phenomena.
2. Differentiate PTSD experiences from other major mental disorders.
3. Gain insight from the life experiences such as veteran status, domestic or sexual abuse, trauma, survivor of natural disaster that may result in recurrent anxiety or dissociative episodes.

Overview:

An experienced mental health professional will discuss anxiety and dissociative disorders, differentiating among symptoms that may otherwise present as psychotic or drug-induced behaviors. Guidelines for intervention which address the unique experiences and needs of persons experiencing these disorders without escalating or precipitating further crisis will also be addressed. Approach strategies relevant to law enforcement personnel who must intervene in times of escalated emotions will be shared