



CIT Utah

Academy

Learning Objectives

Below is an outline of the minimum content and activities in each unit of the Academy.

Unit 9: Post Traumatic Stress Disorder (PTSD)

Participants will become aware of PTSD issues. The following learning objectives are covered:

1. Define Post Traumatic Stress Disorder.
2. List the causes of PTSD.
3. List the symptoms of PTSD.
4. Understand effective treatment strategies for PTSD.
5. Learn effective intervention strategies for PTSD.
6. Gain insight from consumer discussion.