

Ventura County CIT Course Outline

Medications (1 hour)

- A. Introduces Self and Background
- B. Classes of psychotropic medications and brief review of mental illness
 - i. Antianxiety Medications
 - 1. Similarity to anti-depressants
 - 2. Abuse potential
 - ii. Antidepressant Medications
 - 1. Side effects
 - a. Weight gain
 - b. Psychomotor activity
 - 2. Abuse potential
 - 3. Overdosing
 - 4. Length of time until reaches therapeutic dose
 - a. Following directions on how to take them
 - iii. Mood Stabilizers
 - 1. Pros and Cons
 - 2. Eliminating the highs and lows
 - a. Disliking the lack of a high
 - iv. Antipsychotic Medications
 - 1. Side effects
 - 2. Effectiveness
 - 3. Discontinuation rate
 - 4. Newer drugs
 - v. Antiparkinsonian Medications
 - vi. Sleep Medications
 - 1. Night-walking
 - vii. Stimulants
 - 1. Abuse potential
 - viii. Medications that treat substance abuse
 - 1. Abuse potential
 - 2. Newer drugs
 - ix. Medication Interactions
- C. Q&A