

Welcome and Introduction to CIT



CIT Core Training Course

Lt. Christopher Bowling, CLEE

Columbus Division of Police

- Serving since April 1988
- Officer—Patrol (FTO), Burglary, Sexual Abuse
- Sgt. (1995)—Patrol, SRB-ZIU, Forgery/ Fraud, Advanced Training
- Lt. (2001)— Advanced Training, Staff Inspections, Patrol
- Current and founding CIT Coordinator
- B.S. in Public Safety Mgmt.
- M.S. Ed. specializing in Training & Performance Improvement (early 2012)
- OPOTC certified instructor and appointed SME for “Interacting with the Special Needs Population”
- Member
 - Ohio Supreme Court Advisory Committee on Mental Illness and the Courts (ACMIC)
 - Ohio CIT Coordinators’ Group
 - Founding member of CIT4
 - Charter member of ILEETA

Stephanie Patrick, LISW-S

Franklin County ADAMH Board

- VP—Clinical Services at the Franklin County ADAMH Board
- CIT Coordinator (mental health)
- Master's Degree in Social Work from the Ohio State University
- Licensed Independent Social Worker since 1999
- 16 years of direct clinical practice work in substance abuse and mental health treatment fields, with primary focus in crisis intervention
- 12 years of program/policy management and clinical supervision in community mental health and substance abuse treatment services
- Worked in a variety of clinical settings: inpatient psychiatric units, crisis intervention and hotline services, community mental health outpatient care services

Carrie Wirick, LPCC-S, LICDC

Netcare Corporation

- Director of Community and Adult Residential Services for the Netcare Corporation
- Master's degree in Rehabilitation Counseling from Bowling Green State University, and completed post graduate studies at the University of Dayton
- Has over twenty years of experience in the mental health and substance abuse treatment fields
- Has worked as a substance abuse and mental health counselor in community mental health, hospitals, private practice, managed care, and crisis centers
- Has been in management for 14 years and is an established trainer in mental health and substance abuse topics

Your Turn for Introductions

- Your Name
- Your rank, agency, and length of service
- What you currently do and/or where you are assigned



Just What is CIT?

- First off, it's not an acronym
 - “Sit”
- Concept that began in Memphis in 1988 when Memphis P.D. and other stakeholders got together to create a “better” way to handle mental health crisis runs



Just What is CIT?

- Major metropolitan model provides training to volunteer patrol officers so that they can take runs involving a mental health crisis and get people to a place of care and safety whenever possible
 - Diversion from the CJ system when possible
 - Getting them back on treatment plans
- Smaller number of volunteers allows for the building of expertise
- Some programs train everyone due to limited resources

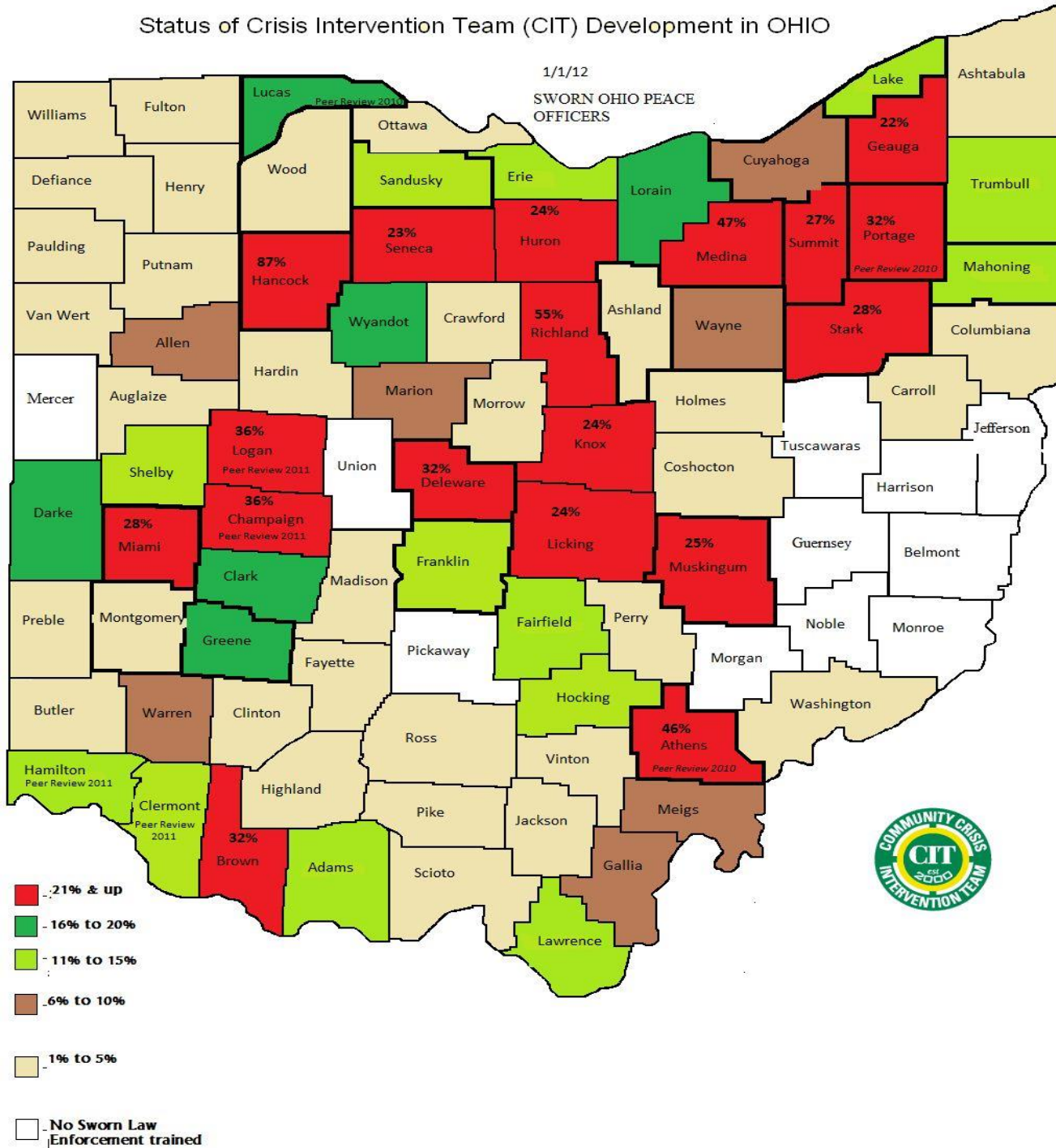
CIT is Growing in Ohio...



Status of Crisis Intervention Team (CIT) Development in OHIO

1/1/12

SWORN OHIO PEACE OFFICERS



CIT is Growing Across the U.S.!



What CIT is Not!

- It is not just training
 - It is a change in mindset
- It is not just the police doing things themselves
 - Critical interaction and collaboration with mental health providers & crisis services
 - Interaction with dedicated court dockets

Organizations You Will Hear About (Not All Inclusive)



Terms You Will Hear This Week

- Diagnostic terminology
- Descriptive words
 - Consumer, advocate
 - Community mental health centers vs. crisis centers vs. hospitals
- Titles and certifications
 - Case manager vs. case worker
 - LSW, LISW, Ph.D., Psy.D., LPC, LPCC, LICDC, CCDCII (III)

What Have I Gotten Myself Into?

- You are here to join a team of officers who want to learn a great deal more about interacting with the mentally ill in as positive a manner as possible
- You are here to increase the “tools” in your “toolbox”

Agenda for the Week

- Monday
 - Signs and symptoms of mental illness in adults
 - Implications of mental illness in youth
 - Risk assessment of individuals with mental illness

Agenda for the Week

- Tuesday

- Dual diagnosis, substance abuse and mental illness
- Homeless and Mental illness
- Mental health law, probate, and pink slipping for LEOs + consumer rights
- Crisis intervention for people with developmental disabilities
- Family panel discussion

Agenda for the Week

- Wednesday

- What is mental health all about?
- Consumer operated services/Peer support
- Consumer panel discussion
- Lunch (provided) followed by ride alongs with case managers (field trip)

Agenda for the Week

- Thursday
 - Debrief the ride alongs
 - Cultural differences in seeking treatment—panel discussion
 - Interaction with persons in a mental health crisis (de-escalation)
 - **Role Plays**

Agenda for the Week

- Friday

- CIT officer's role, policies/procedures, & System of care in Franklin County
- **More role plays** (for those who thought they got out of them on Thursday)
- Mental Health Program Docket (MHPD)
- Legal issues for CIT officers
- **GRADUATION**

Specifics about Role Plays

- Two officers will be assigned
 - Everyone gets one so you can quit hoping that you won't at this time
- Revise your ideas about "winning"
 - We all want to win and we hate role plays or scenarios that do not let us win

Specifics about Role Plays

- In these role plays, you win by
 - Keeping the situation from becoming more tense
 - Gradual de-escalation of the situation
 - Continuing to try new ideas yourself or switching with your partner when you “hit the wall”
 - Using good officer safety tactics and the “contact/cover” principle

Specifics about Role Plays

- Your role play may either:
 - Reach a successful conclusion on its own; or
 - May be stopped by a facilitator at a certain point since it is meant for learning and not necessarily designed for a successful conclusion (or just a time issue)

Specifics about Role Plays

- Treat these role plays as you would a scenario on the street
 - If you think you need backup, ask for it
 - If you have reached the point where you would normally take the person into custody, stop the role play and state your intentions
 - **(No bending of the role players!)**

Specifics about Role Plays

- Feedback after the role play will occur in the following manner
 - First—the role players
 - Second—the officers in the role play
 - Third—the audience
- Offer constructive criticism
- Don't get defensive when criticism is offered

Dress Code Issues

- Monday through Thursday is casual
 - On Wednesday, make sure that your weapon(s) are fully concealed
 - Use in-service dress guidelines
- Friday is uniform of the day
 - Business attire if uniform is not possible

Final Issues

- **CONFIDENTIALITY**
 - What is said here needs to stay here
 - Facilities where you will ride will have you sign confidentiality documents
- Listen—Ask Questions—Share when Appropriate—Learn and Understand
- Be supportive of each other during training and especially role plays

Any Questions?

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